



# PBL Junior/Senior Lunch Menu October 2017

**2**

- 1) Pizza Sticks w/ Marinara (V)
- 2) Cheeseburger
- 3) Sun Butter & Jelly (V)
- 4) Ham\*\* Chef Salad w/ BS
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

**3**

- 1) Tater Tot Chicken Nachos w/ Scps
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

**4**

- 1) Corn Dog on a Stick
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
French Fries, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

**5**

- 1) General Tso Chicken w/Rice
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Fruit, Yogurt and Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Steamed Carrots, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

**6**

- 1) Chicken Ranch Club Flatbread
- 2) Spicy Popcorn Chicken w/BS
- 3) Sun Butter & Jelly (V)
- 4) Ham\*\* & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Baked Beans, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

**9**

## NO SCHOOL

**10**

**FUEL PROMOTION**

- 1) Chili Mac
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Seasoned Baby Peas, Fresh Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

**11**

**FUEL PROMOTION**

- 1) Chicken Tenders w/BS
- 2) BBQ Rib\* on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Cheesy Wrap (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Baked Beans, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

**12**

**FUEL PROMOTION**

- 1) Chicken Penne w/ Alfredo
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Brussels Sprouts, Fresh Cauliflower, Fresh Banana, 100% Apple Juice

**13**

**FUEL PROMOTION**

- 1) Spicy Chicken Patty
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Turkey & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Steamed Spinach, Side Salad, Variety Fresh Fruit, Pineapple Cup

## Fuel Promotion:

**October 10<sup>th</sup> – October 13<sup>th</sup>:  
Chicken N' Cheese Griller**

**October 16<sup>th</sup> – October 20<sup>th</sup>:  
Steak N' Cheese Griller**

**16**

**FUEL PROMOTION**

- 1) Pancakes w/Sausage
- 2) Corn Dog on a Stick
- 3) Sun Butter & Jelly (V)
- 4) Ham\*\* Chef Salad w/ BS
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

**17**

**FUEL PROMOTION**

- 1) Sloppy Joe Melt
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Green Beans, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

**18**

**FUEL PROMOTION**

- 1) Meatball Sub on a Sub
- 2) Cheese Quesadilla (V)
- 3) Sun Butter & Jelly (V)
- 4) Ham\*\* & Cheese Sandwich
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Apricot Halves

**19**

**FUEL PROMOTION**

- 1) Macaroni & Cheese (V)
- 2) Chicken Nuggets w/BS
- 3) Sun Butter & Jelly (V)
- 4) Fruit, Yogurt and Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Baked Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

**20**

**FUEL PROMOTION**

- 1) Bacon\* Cheeseburger
- 2) Fish Sticks w/BS
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Steamed Spinach, Side Salad, Variety Fresh Fruit, 100% Grape Juice

## More info...

### Notes

- \*=Pork Product
- \*\*=Chicken Product
- BS=Bread Slice
- V=Vegetarian

**23**

- 1) Hot Ham\*\* & Cheese
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Romaine Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

**24**

- 1) Rotini w/Meat Sauce
- 2) Popcorn Chicken w/ BS
- 3) Sun Butter & Jelly (V)
- 4) Pretzel, Yogurt & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

**25**

- 1) Cheesy Bacon\* Baked Potato
- 2) Breaded Chicken Patty
- 3) Sun Butter & Jelly (V)
- 4) Egg Chef Salad w/BS (V)
- 5) Cheese Pizza (V)
- 6) Pepperoni Pizza\*\*

**Fruits & Vegetables**  
Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

**26**

- 1) Nachos w/ Tortilla Scoops
- 2) Chicken Nuggets w/ BS
- 3) Sun Butter & Jelly (V)
- 4) Fruit, Yogurt and Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Refried Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

**27**

## NO SCHOOL

**30**

## NO SCHOOL

**31**

- 1) Country Popcorn Chicken Bowl
- 2) Hot Dog on a Bun
- 3) Sun Butter & Jelly (V)
- 4) Bagel, CC & Cheese Plate (V)
- 5) Cheese Pizza (V)
- 6) Sausage Pizza\*

**Fruits & Vegetables**  
Steamed Carrots, Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

**Breakfast Prices**

\$0.00 Free  
\$0.30 Reduced  
\$1.60 Paid (Jr. High)  
\$1.70 Paid (Sr. High)

**Lunch Prices**

\$0.00 Free  
\$0.40 Reduced  
\$2.55 Paid (Jr. High)  
\$2.60 Paid (Sr. High)

**PARENTS:** Remember to complete your Free & Reduced **Lunch** Application for the 2017-2018 School Year. Talk to your student's school office to see if you have been directly certified through the state or if you need to apply this school year!

**VERY IMPORTANT FOR YOUR STUDENT!!!**